

Porter Street Elementary PAC General Meeting Minutes – March 13, 2018

Porter Street School – PAC Room

Meeting attended by: Christine Baker (E), Tanja McAffer (E), Hitomi Nunotani (E), Daniel Vasquez (E), Christina Debruyn

Quorum is met

Introduction

1.0 Commence Meeting: Christine called the meeting to order at 7:35 pm.

2.0 Introductions:

- See attendance sheet for attendees

3.0 Additions to agenda:

- Pub Fundraiser – was discussed with the information provided. At the meeting it was decided that we will not go through with this fundraiser for the amount of work needed and the profit we would receive.
- White Caps Tickets – could perhaps get discounted tickets

4.0 Approve Previous Minutes – February Minutes

Hitomi motioned, Tanja 2nd, all in favour.

Business Arising

5.0 Principal's Report (Derek Passaglia)

As per email sent by Derek

Action Items for PAC:

- Send Derek email regarding getting parents to pressure wash and paint the game lines on the playground
- Ask for a quote regarding getting a new climbing play structure

General Update:

6.0 Treasurer's Report (Daniel)

Chequing Account - \$23,939.01

Savings Account – total in account \$17,800.86 – saving for playground

Gaming Account – service fee \$1.50 – total in account \$18,084.93

7.0 DPAC Report

- See Appendix A

8.0 PAC Upcoming Events

- Year End PAC BBQ – May 25 – Iris confirmed the rental of the big kahuna, need to find out about liability if we serve and cook hamburgers (Christine to email Derek)
- Will be doing PAC Elections on May 15, if anyone wants to be on PAC please come to the meeting
- Sports Day - Add a separate line on Budget for Volunteer funds as lunch is provided.

9.0 PAC Events Update

- Pancake Breakfast – used the optimist club, they donated \$200 to PAC. It was a fun event. Find some quotes for a source to create hot water and to store hot beverages, if cost is ok PAC will put into budget.
- Spirit Wear –quote to have the “tree” screened on the sleeve if there is a one colour screen the additional screen is \$2 or for a multi 6 colour screen it is an additional \$5.70 (the colour tree has 9 colours which is not able to be screened) Daniel will get quotes on tree screened garments

Adjourn Meeting: Meeting adjourned at 8:46pm. Tanja motioned to adjourn the meeting. Seconded by Hitomi. All in favour.

Next PAC Meeting is the AGM: Tuesday April 17, 7:30pm – 8:30pm

Minutes submitted by Tanja McAffer, PAC Secretary

Appendix A

DPAC Meeting Notes

Attended by: Hitomi Nunotani

Feb. 28, 2018 - 7 - 9 pm

<Anti-Bullying Initiatives>

Kwayhquitlam Middle School - kindness quotes on bulletin board.

Hearts where kids wrote messages to counter bullying

<Superintendent Report>

Reno Cioffi on behalf of Superintendent P. Gartland

Budget process info and timelines

Guided by board of education governed by Directions 2020

Everybody can contribute to it.

April 20 - presentation of the preliminary budget

April 24 - Final budget

All info available online www.sd43.bc.ca/budget

Capital project updates

Ecole Banting Middle School

Centennial Secondary

Irvine Elementary School seismic replacement

Minnekhada middle

Ecole moody middle School

Smiling Creek Elementary

Expansions:

Sheffield, Charles Best, Panorama, Westwood, Burke Mountain Middle.

Parent engagement question

Re: Communicating student learning and reporting

- Have you noticed changes in how teachers communicate with you about your children's learning?
- Have you noticed changes in the report cards issued this school year?
- What have you appreciated or valued about these changes in communicating student learning and reporting?
- What concerns or questions do you have about these changes in communicating student learning and reporting?
- What comments do you have regarding communicating student learning and reporting?

Self-Regulation and Executive Function Project SD 43

Who We Are

Anna Lenarczyk - Itinerant support teacher 2 days a week

Lynda Swai - Occupational Therapist 1.5 days a week

What is Self -Regulation?

The ability to achieve, monitor and manage our mental physical and emotional state to match the demands of the environment or situation.

Why is it important?

Social | Academic

Behavioral

Emotional

Physical

Balancing and managing all these

Individuals that can physically self regulate:

- Can moderate their behaviors
- Can adjust their level of arousal to match their environment
- Can use self control
- Have coping mechanisms they can use in times of high stress or boredom

Background

- First wave project since 2012
- Pilot school at Seaview
- Lab schools (Lee, banting, moody, etc.)
- Moving towards district wide implementation (as time permits)
- Students ended up doing better academically when going through this program.

Practical applications

- Environmental strategies
- See how classroom is set up (design)
- Equipment lighting, are students able to move around? (ie ministeppers stand and work, covered stations to focus, mini stationary bikes)
- DIY resources
- Projects and initiatives
- Developed an inventory of SR equipment and resources for trial and loan
- Developed a structure approach to sensory breaks
- Professional development about:
 - Understanding SR
 - Classroom strategies and interventions
 - Appropriate and effective use of a SR classroom

Been asked many times to present on PD days for schools

Current focus

Continuing to support and develop all existing projects and initiatives

Definition of Executive Functioning

The executive functions are a set of processes that all have to do with managing oneself and

one's resources in order to achieve a goal.

- Impulsive actions and decision making
- Procrastinators
- Black and white thinking
- Leaving things to the last minute
- Forgetting losing material and assignments
- Risk taking and compulsive behaviors in teens
- Impulse control
- Emotional Control
- Flexible thinking
- Self monitoring
- Task initiation

Working on these will help the students acquire these skills will help them through school and beyond.

For the future:

Will be creating a website with parent resources

Developing connections with other EF stakeholders

HUB cycling Bike to School Week 2018

Riverview Park

May 28 - June 1 across Metro Vancouver

Event geared towards Elementary and Middle Schools

How does BSW work?

- A school champion parent, teacher or administrator
- Event package including posters, resources and incentives
- School Champion spreads the word, mobilizes support and organizes events to happen throughout the week.
- Bike parade bike repair demo, bike safety

Impacts:

- Reduction in traffic
 - Student arrive energized and ready to learn
 - Increase sense of community
 - Opportunity for students to participate in a green initiative at school
- 6 schools in Coquitlam participated last year.

How to get involved:

- Connect with your PAC
- Identify possible school champions interested in organizing
- Register your school

Riverview Park Report

- Reduced traffic
- Was sunny which contributed to success
- 240 kids 50% participated
- Students made posters to promote the event
- Healthy snacks, pencils, stickers (extras from fruit and veggie program)
- DASH walk and wheel to school program went hand in hand - this is every Wednesday for the school

DPAC Executive Report

Every position is up election

President Role

- Chairing meetings
- Point of contact district and school trustees
- Spokesperson

Vice President

- Sounding board for the president
- Attending the board meetings, representing all the parents making sure the parents voice is heard
- Be a part of other committees

DPAC Communications

- Getting the word out to the communities through social media

Policy 22

- Over 60 feedback
- Terry Fox - probably a positive thing. Visitors to the school, protect all of us.
- Don't we sign something at the beginning of the year?
- How will it be enforced?
- Are parents going to have to sign it?
- Punishment and regulating of it - how will that work?
- Looked at it from the child expectations first - to see what should happen in terms of consequences and that there is a clear structure.
- Comes back to the board on May 18th

Budget season

- Teacher salaries 95%
- What would you like to see that's not in there or more of what's in there?
- What would you like to see happen with the budget this year?
- Operational budget not the capital budgets

Next DPAC meeting April 4